



# **Mama Bee**

SOCIAL SOLUTIONS FOR A BETTER FUTURE

## **Foodie Friday Kitchen Takeover Online Engagement Project;**

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## **Overview of Project**

Mama Bee Group and Khepera CIC, together with a specialist team of Youth and Community Workers have been working collaboratively on the planning and delivery of the 'Foodie Friday Kitchen Takeover' project. This project is our response to the social distancing and lockdown impact on the lives of young people during these times of social restrictions. This new online provision has invited our existing Foodie Friday engagement group for this closed pilot.

The aim of the project is to provide a unified virtual space for young people to participate in a group meeting, including; practical cooking workshop, general chat and positivity sharing.

**'Kick your family out of the kitchen and join us in creating something together'**

## **Pilot Feedback**

The Foodie Friday Kitchen Takeover pilot sessions commenced on Friday 17<sup>th</sup> April 2020. It was agreed to pilot three sessions using Zoom, for the young people who were engaging via the Foodie Friday WhatsApp Group.

The first Kitchen Takeover pilot session (17/04/2020), had five young people participating and the feedback was positive and they particularly enjoyed the interactive polls and the 'Soap Box' feature. The session was facilitated by four members of staff and this worked very well with regard to verification of participants, moderation of the group and the flow and structure of the session.

The second Kitchen Takeover pilot session (24/04/2020), had nine young people participating. This session was more interactive than the first session and included more young people cooking along with the 'Dish of the Day' and a great consultation exercise, where young people looked at logo images and were able to annotate on the screen to share their thoughts and ideas on the logos for the project.

The signup process has been smooth and parents have appreciated the clear information of what the project is and how to engage.

A number of young people who have participated didn't want to use the video facility and just engaged via audio.

They were still able to contribute to the sessions and see everything on screen and cook along without being seen on screen.

We envisage reaching over twenty-five young people participating in sessions quite quickly after the start of the promotion strategy. We will have to look at capacity and how to facilitate more than one session a week if the maximum of twenty-five participants is exceeded.

## **Project Delivery**

### **Timeline**

- 3<sup>rd</sup> April – First FFKT working group meeting
- Closed pilot commenced on 17<sup>th</sup> April ,24<sup>th</sup> April, 1<sup>st</sup> May
- General promotion to commences from 24<sup>th</sup> April
- Sign up to group from 2<sup>nd</sup> May
- Project goes live 8<sup>th</sup> May – 19<sup>th</sup> June (Seven weeks)

### **Delivery Themes**

- 1 hour Zoom meeting for up to twenty-five young people at a time
- 4 x members of FFkitchen takeover staff
- FF team will demonstrate simple dishes young people can make anytime
- Encourage young people to engage in session, support each other and share their thoughts of food and health during this time

### **Session Structure = 1-hour live feed on Zoom**

- Welcome and Housekeeping (safeguarding)
- Introductions
- Group Contracting
- Dish of The Day
- Soap Box Chat Forum
- Check in (session feedback)
- Idea for next session the following week
- Close

## **Support extras**

- One to One Virtual Support – Qualified Youth Workers: Amber, Simon and Sam
- Messaging service during session to Youth Worker
- Signposting if teams identify areas requiring further support

## **Staffing – live sessions**

### **2 live facilitators delivering session**

### **2 moderators**

### **IT support**

#### **Facilitators**

- To deliver a one-hour FF Kitchen Takeover session
- Content to be: practical and shared with online Mama Bee team prior to yp session
- Stick to timeplan and engage yp
- Work together to create engaging virtual space
- Sharing of session plans and recipes to share with young people

#### **Moderators**

- Host group and moderate live feed
- To ensure any inappropriate content is minimised as soon as identified
- The ability to remove from group
- Mutes when appropriate to do so
- Share slides and session structure for real time reference
- Divert to Youth Worker for 1:1 support if required

#### **IT Support**

- To help facilitators to achieve best streaming quality

## **Staffing – Weekly responsibilities**

- Weekly virtual team meetings to evaluate progress
- All Legal covered – DBS and insurance
- Online safeguarding
- Zoom updates and staff tutorials
- Participants identified through existing WhatsApp groups
- Consent to be checked/virtual verification?
- Promotion when required through existing networks

### **Evaluation and monitoring**

- Project sign up data
- Participation data collected from every session
- Data analytics from all Foodie Friday social media platforms and #FFKT
- Real time feedback during session



## FOODIE FRIDAY KITCHEN TAKE OVER CODE OF CONDUCT ONLINE ZOOM VIDEO FACILITY

### What is Zoom

[zoom.us](https://zoom.us) is an online video conferencing app and web facility to allow meetings to take place in a secure area online. Participants will be able to engage with their youth worker via video chat, audio chat and send typed messages.

All the staff using zoom for mama bee meeting have been cleared via the Disclosure and Barring service <https://www.gov.uk/government/organisations/disclosure-and-barring-service> and have attended CEOP training <https://www.ceop.police.uk/safety-centre/>

Mama Bee and Khepera are committed to the safeguarding of young people and this applies equally to all our online work. Any disclosures or concerns raised in an online work will be treated in the exact same way as our face to face interventions. Information will be shared with appropriate professionals in order to respond to the safety and well-being of the participants.

If you have any further questions please contact us at [info@mamabee.org.uk](mailto:info@mamabee.org.uk)

### **Mama Bee & Khepera expects all participants to:**

- Be respectful and mindful of how they engage online
- Carefully consider the impact of anything posted online
- Prepare for the online meeting in an appropriate place and dressed in an appropriate manner.
- Actively participate in the session.
- In group chat sessions not to disclose any personal or identifiable information.
- Not to screen grab or record the session unless permission is granted by the administrator